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GAIT TRC
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www.gaittrc.org (website)
www.facebook.com/GAIT.TRC

GAIT's MISSION:

To improve the quality of life of children and adults with special needs through equine activities and therapies, resulting in a more independent life in society.

Welcome to GAIT Therapeutic Riding Center!

GAIT TRC is a Premier Accredited Center with the Professional Association of Therapeutic Horsemanship International (PATH Int'l). PATH Int'l is *the* global accreditation body that sets the safety standards and requirements for the therapeutic riding industry worldwide.

As a Premier Accredited Center, GAIT TRC adheres to the highest safety standards and mandates. All equine sessions are conducted by PATH Int'l Certified Instructors, Equine Specialists, licensed therapists, credentialed mental health professionals, and highly trained volunteers.

GAIT TRC is a 501 (c)(3) non-profit organization that serves children and adults in the tri-state area, providing services at a portion of the actual cost. Fees from programs cover 30% of operation costs while 70% comes from grants and other donations, which care for a herd of 10 horses and ensure professional programs. Scholarships are available through privately funded grants such as the Jean Work Scholarship Fund and the Ingeborg A. Biondo Memorial Foundation.

Important Note:

These forms must be completed, signed, dated, and returned to GAIT TRC prior to the individual's first class or they will not be allowed to participate.

These forms are good for the current year only and must be renewed and returned to GAIT TRC annually. Applications for all programs are available via GAIT's website: www.gaittrc.org.

Policies of GAIT TRC

1. No smoking ANYWHERE on the premises.
2. Parking is available next to the barn or in the off street lot. In the event of inclement weather, parking is available by the Indoor Arena.
3. Parents/ legal guardians/ authorized caregivers are responsible for the supervision of participants and non-participants while at GAIT and must remain on the premises during the duration of the session.
4. To ensure the safety of our riders, horses, and volunteers, please refrain from using umbrellas while horses are in the arena. Also, loud noises such as shouting, clapping, or doors banging may distract the horses from giving your child a safe ride.

Policies continued on page 2.....





Policies of GAIT TRC

Continued from page 1.....

5. All mounted activities are limited to 180 lbs. weight limit (maximum weight GAIT's horses can carry). These restrictions do not apply to unmounted activities.
6. GAIT TRC requires all riders to be seen and examined by their personal physician each and every year BEFORE their first ride.
7. A physician must sign FORM 6 (Medical Clearance and Physician's Statement) and include participants' weight and height prior to riding.
8. All paperwork must be updated and returned to GAIT staff annually.

Please be sure your physician is aware of the participant's particular diagnoses for precautions and contraindications, whether it is shown on the below partial list or not. *If you have any questions regarding this, ask your physician.*

The following is a *partial list* of diagnoses of conditions, syndromes, disorders and problems as assessed by PATH Int'l to be precautions and contraindications for therapeutic riding:

- Degenerative Joint Conditions
- Heart/Cardiac Conditions
- Hip Subluxation and Dislocation
- Indwelling Catheters
- Skin Integrity

GAIT TRC accepts participants into one or more of the programs offered at this facility on an individual basis. Individuals are assessed by GAIT TRC professional staff, or contracted therapists, or recommendations by professionals in the health and educational fields and accepted with parental and/or caregiver consent. Discharge of participants would follow the PATH Accreditation Standards A-11.

We look forward to providing you with our "Premier" Level of service! We hope you have as much fun at GAIT TRC as we do!

Sincerely,

The GAIT Board of Directors, Staff, Instructors,
Volunteers, and (of course) the Horses!

THERAPEUTIC SERVICES

Therapeutic Horseback Riding
Equine Assisted Learning
Hippotherapy
Equine Facilitated Psychotherapy
Vocational Training
Equine Services for Heroes

EDUCATIONAL PROGRAMS

Internship Program
Mentoring for Instructors in
Training
OSWC Workshop & Certification
ESMHL Workshop & Skills Test

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GAIT THERAPEUTIC RIDING CENTER

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(Website) www.gaittrc.org



Thank you for your interest in GAIT Therapeutic Riding Center (GAIT TRC). If you have any questions regarding this packet please call 570-409-1140 or email us at gaitpa@gmail.com

EQUINE FACILITATED PSYCHOTHERAPY (EFP) FORMS

These forms must be completed, signed and returned to GAIT TRC two weeks prior to the first session. **These forms are valid for the current year only and must be renewed annually.** Applications for all programs are available via GAIT's website www.gaittrc.org.

Enclosed are **four (4)** forms that need your attention and signature:

- Form 1 Application and Contact Information
- Form 3 Participant's Health History and Goals
- Form 4 Authorization for Emergency Medical Treatment
- Form 5 Participant's Liability and Photo/Media Release

I. PAYMENT AND ATTENDANCE

The focus of EFP is to promote personal growth and development through equine experiences.

- Each Session consists of one lesson per week for 4 weeks
- Each Session is \$260 per participant
- Please include payment with these forms
- Please arrive at your scheduled time. Cancellations must be made 24 hours in advance
- **There may be a cancellation fee of \$30 for missed sessions without 24 hour notice**

II. ATTIRE

- Dress appropriately for outdoor weather conditions and barn work
- No open toed shoes or sandals
- Boots (no steel toe) or sneakers
- Long pants
- Tuck scarves/ jewelry into clothing

I have read and understand the GAIT TRC policies as set forth on this page.

Signature: _____

Date: _____

*GAIT TRC is a Federal 501(c)(3) non-profit, charitable organization (EIN 22-3444872)
for the benefit of special needs persons in Pennsylvania, New York, and New Jersey.*

Updated 2017 to conform to the latest PATH International Standards & Accreditation Manual



Application and Contact Information (Form 1)



PARTICIPANT'S APPLICATION:

Date: _____

Participant's Contact Information

Participant's Name: _____

DOB: _____ Age: _____ County the Participant Lives In: _____

Address: _____ City: _____ State: ____ Zip Code: _____

County the Participant Lives In: _____

Telephone#: _____ Cell#: _____

Work#: _____ E-Mail: _____

Preferred Method of Contact: Home Phone Cell Phone Work Phone Email

For communication purposes, please be sure to notify GAIT of any changes to contact information ASAP

Parent/Legal Guardian/Authorized Caregiver Contact Information

Name: _____

Address: _____ City: _____ State: ____ Zip Code: _____

Telephone#: _____ Cell#: _____

Work#: _____ E-Mail: _____

Emergency Contact Information

Name: _____ Relation: _____ Phone: _____

Name: _____ Relation: _____ Phone: _____

Name: _____ Relation: _____ Phone: _____



Participant's Health History and Goals

(Form 3)



HEALTH HISTORY:

Diagnosis: _____ Date of Onset: _____

Please indicate current or past special needs in the following areas:

MEDICATIONS *include prescription, over-the-counter; name, dose and frequency*

Describe your abilities/difficulties in the following areas (include assistance required or equipment needed):

PHYSICAL FUNCTION *i.e. mobility skills such as transfers, walking, wheelchair use, etc.*

PSYCHO/SOCIAL FUNCTION *i.e. Work/school, leisure interests, relationships-family structure, support systems, companion animals, fears/concerns, etc.*

Describe what personal goals or skills you would like to achieve. How can GAIT help you?

GOALS *i.e. socialization, recreation, improve sensory awareness, increase core strength, etc.*

Signature: _____

Date: _____



Authorization for Emergency Medical Treatment

(Form 4)



AUTHORIZATION:

Name: _____ DOB: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Emergency Contact: _____ Relation: _____ Phone: _____

Physician's Name: _____ Preferred Medical Facility: _____

Health Insurance Company: _____ Policy #: _____

Allergies to medications: _____

Current medications: _____

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of GAIT TRC, I authorize GAIT TRC to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized Individual or agency involved in the medical emergency treatment.

CONSENT PLAN

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "lifesaving" by the physician. This provision will only be invoked if the person(s) above is unable to be reached.

Consent Signature: _____ Date: _____

(Client/Parent/Legal Guardian/Authorized Caregiver)

NON-CONSENT PLAN

Parent/Legal Guardian/Authorized Caregiver must remain on site at all times during equine assisted activities.

I do not give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or while being on the property of GAIT Therapeutic Riding Center

In the event emergency treatment/aid is required, I wish the following procedure to take place:

Non-Consent Signature: _____ Date: _____

(Client/Parent/Legal Guardian/Authorized Caregiver)



Participant's Liability and Photo/Media Release Form (Form 5)



RELEASES:

There are 2 separate releases on this form. Please sign and date for each release separately.

1. LIABILITY RELEASE:

I would like to participate in GAIT TRC's program. I acknowledge the risks and potential for risks of horseback riding or working with or around horses. However, I feel that the possible benefits to me/my son/my daughter/my ward are greater than the risk assumed. I hereby, intending to be legal bound, for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against GAIT TRC, its Board of Directors, Instructors, Therapists, Aides, Volunteers and/or Staff for any and all injuries and/or losses I/my son/my daughter/my ward may sustain while participating in any GAIT programs.

Signature: _____

Date: _____

2. MEDIA RELEASE: for all promotional materials including *(but not limited to)* photographs, audio/videos, testimonials for our use on our website or Facebook page and/or for print:

I, _____ *(print name)*,

DO

DO NOT *(check one)*

consent to and authorize the use and reproduction by GAIT TRC of any and all audio/visual materials taken of me/my son/my daughter/my ward for promotional material, education activities, website, or for any other use for the benefit of the program.

Signature: _____

Date: _____